



# TOGETHER IN THE WORLD

International Federation Assembly | IFA

## NEWSLETTER

March 2023: Second Edition

92  
DAYS  
TO GO

FEDERATION ASSEMBLY | JUNE 20TH - 24TH 2023

“HELLO EVERYBODY”

Here we are in March: the second newsletter!

Here, where I live, we see the first signs of Spring but maybe you are in a very different part of the world.

Some weeks ago, the IFA team had the first meeting on Zoom with you, the delegates. It was great to see your faces: we are preparing this Assembly together! Have you already had your first meeting in your small group with other delegates? If so, great! I hope it went well. These little groups are a key part of the Assembly.

If you haven't met up yet, please do! And enjoy reading this newsletter!

**Don't forget to use the hashtag #Larche2023**

**Jasper Keus**  
Coordinator  
IFA2023



## REMINDERS

**Delegates / IFA team meeting on 27th April, on Zoom**

1

**07.00 UTC EN**

**14.00 UTC ES/FR/EN**

**21.00 UTC ES/FR/EN**

**Link: [bit.ly/delegates\\_april27](https://bit.ly/delegates_april27) Zoom: 846 9933 2413 Password: Larche**

## Inclusive Videoconferencing formation

2

**Please register your interest and your preferred session via [assembly2023@larche.org](mailto:assembly2023@larche.org) by 7 April**

**SAVE THE DATE**

**17-18 April | 7:00 to 11:30 UTC | EN/FR**

**20-21 April | 15.00 to 19:30 UTC | EN/ES**

“DIA DUIT”

(“hello” in Irish!) from us, Mary and Anne in Kilkenny, Ireland. We really enjoyed the Delegates' meeting in February, seeing people on the screen, hearing their names and where they are from.

Afterwards, we sat down and thought how can we help our community to prepare for the IFA:

So... we told the Community Gathering about it; we booked the dates in June, for the Community to attend meetings where all are invited. Until June, all our Community Gatherings will focus on the IFA: news, pictures, activities. Each week, one person in each house and work project will animate a few activities proposed in the Newsletter.

And we will put pictures on the Assembly's Facebook.

That's a start!



**Mary and Anne**  
Kilkenny Delegates

# “GREETINGS!”

Refueled for the journey! That's my feeling today, after catching the Delegates' enthusiasm and creativity in our shared zoom calls

**Muthiga Maurice**  
Communications  
Coordinator  
IFA2023



At the formations and Open calls we've sat down, got to know each other, shared questions (and some answers!).

Thanks to each one for the privilege of walking together. Great ideas are starting to flow in: in L'Arche Uganda, for instance, an additional pair of members (IFA witnesses) will remain close to their delegates so they don't feel alone in the journey.

Check out our Facebook page to see the many smiles of L'Arche- and yellow clothes in all shades. [bit.ly/extra\\_info\\_march23](https://bit.ly/extra_info_march23)



We want our Facebook feed to be filled with your smiling faces and yellow tees!  
[www.facebook.com/groups/larche.members/](https://www.facebook.com/groups/larche.members/)

To download an additional resource sheet for the delegates click on the link above or scan the QR code.

## Creative CORNER

To download a resource sheet, click on the link below or scan the QR code.



**Matt Rawlins**  
Creative  
Coordinator  
IFA2023



### Part 1 Choose a space

- Find a space a shelf, a corner, mantle, nook, that can be designated for the Federation Assembly (this space may change over time).

### Part 2 Dream

- Give space to dream about what could be there, listen to other ideas, hopes, dreams.
- Draw or show how you think the preparation space could look.

### Part 3 Wait

- Allow it to be an empty space. Let the space sit. Let it breathe, let it just be, holding its potential. (5 mins, 1 Day, A Week, Longer? How long to wait depends on those involved.)

### Part 4 Choose

- Choose one symbol to add to the space to represent how you are feeling now.

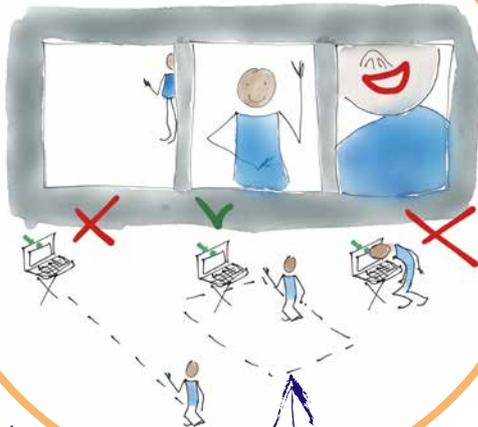
[bit.ly/creative\\_corner\\_march23](https://bit.ly/creative_corner_march23)



# SOME TIPS ON HOW TO BE UNDERSTOOD IN A VIDEO CONFERENCE:



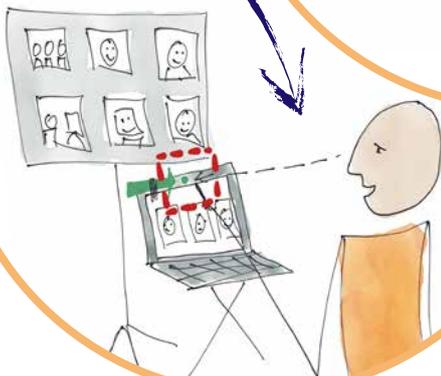
**Talk to the camera, not the big screen**



**Prepare your notes to remember what you want to say**



**Set up, not too far, not too close**



To download a resource sheet click the link or scan the QR code: [bit.ly/gtky\\_march23](https://bit.ly/gtky_march23)

**Hello friends, we are Mackie and Tracy from L'Arche Arnprior, Canada.**

**At the zoom formation last month with delegates from elsewhere, Mackie learned a few good tips:**

- 1.** For effective conferencing in ZOOM- use a Fisheye lens!
- 2.** Teddy bears! A great idea from Elizabeth and Tina, delegates from L'Arche Antigonish (Canada) who used them to describe their community!

On day two, we learned how to give a presentation inclusively.

**The task:** teach other communities how we celebrate Birthdays. It was terrific with the other languages: always good to discover how different communities celebrate!



**VISIT THE WEBSITE**

**[federationassembly-2023.larche.org](https://federationassembly-2023.larche.org)**